SHAPE America National Convention & Expo Submission Categories

Please review this list of submission categories and sub-categories prior to submitting your session to identify the category in which your session would best fit. Please note that there are different categories for presentation submissions and research abstracts.

Presentation Sessions:

- **Health Education** (to include health promotion such as staff wellness, self-care for educators, community health, etc.)
    - *Administration/Supervision/Leadership* - sessions providing guidance, ideas, and best practices for individuals who manage groups of health educators, serve in mentoring roles, or supervise the administration of health education curriculum and services at the district or state level; as well as sessions on the administration of wellness committees and leading professional learning communities and professional learning opportunities for educators
    - *Assessment* – sessions providing ideas and best practices for assessment and grading in a skills-based health education program
    - *Advocacy* – sessions that share ideas and best practices to justify the importance of and influence funding decisions related to and health education programs at the federal, state, and local/district level
    - *Curriculum & Instruction* – sessions providing ideas and best practices for implementing skills-based health education to include lesson planning and curriculum design
    - *Equity, Diversity & Inclusion* – sessions providing ideas and best practices for equitable learning environments, racial equity, gender equity, cultural competence, support services for students with high needs, transition to postsecondary services, and financial supports for low-income students
    - *Health Promotion* – sessions providing ideas and best practices around initiatives promoting school-wide health and wellness for students, the community and staff including implementation of the Whole School, Whole Community, Whole Child model, as well as strategies and tools around self-care for educators
    - *Social & Emotional Learning* – sessions providing ideas and best practices incorporating social and emotional learning competencies (self-awareness, self- management, social awareness, responsible decision making, relationship skills) within health education programs
    - *Technology & Virtual/Hybrid Learning* - sessions providing guidance, ideas, and best practices for incorporating technology into health education programs and transitioning to hybrid or virtual learning environments
- **Physical Education** (to include dance within PE programs and adapted physical education)
    - *Administration/Supervision/Leadership* – sessions providing guidance, ideas, and best practices for individuals who manage groups of physical educators, serve in mentoring roles, or supervise the administration of physical education

curriculum and services at the district or state level; as well as sessions on the administration of wellness committees and leading professional learning communities and professional learning opportunities for educators

- o *Assessment* - sessions providing ideas and best practices for assessment and grading in a standards-based physical education program
- o *Advocacy* - sessions that share ideas and best practices to justify the importance of and influence funding decisions related to physical education programs at the federal, state, and local/district level
- o *Adapted Physical Education* – sessions that share ideas and best practices to support students with disabilities in physical education programs, including adaptations and modifications, assessment, and grading, as well as transition to postsecondary services
- o *Curriculum & Instruction* - sessions providing ideas and best practices for implementing standards-based physical education to include lesson planning and curriculum design
- o *Dance* – sessions providing ideas and best practices for teaching dance within physical education programs
- o *Equity, Diversity, & Inclusion* - sessions providing ideas and best practices for equitable learning environments, racial equity, gender equity, cultural competence, and financial support for low-income students
- o *Social & Emotional Learning* - sessions providing ideas and best practices incorporating social and emotional learning competencies (self-awareness, self- management, social awareness, responsible decision making, relationship skills) within physical education programs
- o *Technology & Virtual/Hybrid Learning* - sessions providing guidance, ideas, and best practices for incorporating technology into physical education programs and transitioning to hybrid or virtual learning environments

- **Physical Activity** (physical activity programs outside of physical education classes including, but not limited to, coaching, coaching education, dance outside of PE programs and adapted physical activity)
  - o *Adapted Physical Activity* – sessions that share ideas and best practices to support students with disabilities in physical activity programs (including sport opportunities) to include adaptations and modifications
  - o *Comprehensive School Physical Activity Programs* – sessions that share strategies and best practices for implementing a variety of school-based physical activities that enable all students to participate in moderate-to-vigorous physical activity each day through before, during and after-school based programming
  - o *Coaching Education and Coaching* – sessions that provide guidance to acquire and implement the knowledge and skills outlined in the National Standards for Sport Coaches, as well as strategies and best practices for coaching sports at all levels (K-16) in both community and school-based programs
  - o *Dance (outside PE programs)* – sessions providing ideas and best practices for instructing dance outside the physical education setting

- o *Early Childhood Physical Activity* – sessions that share ideas and best practices for providing physical activity opportunities for children ages three to eight
- **Professional Preparation** (to include pre-service teacher education and college/university physical activity programs)
    - o *Administration/Supervision/Leadership/Mentorship* – sessions providing guidance, ideas, and best practices for individuals who manage groups of faculty and staff at the collegiate level, serve in mentoring roles, or supervise teaching and PhD candidates
    - o *Assessment* - sessions providing ideas and best practices for assessment and grading in physical education and health education teacher education programs, as well as sessions addressing the program accreditation cycle
    - o *Advocacy* - sessions that share strategies and best practices to help future educators justify the importance of and influence funding decisions related to health and physical education programs at the federal, state, and local/district level
    - o *Curriculum & Instruction* - sessions providing ideas and best practices for implementing standards-based physical education teacher education and skills-based health education teacher education to include lesson planning and curriculum design
    - o *Equity, Diversity & Inclusion* - sessions providing ideas and best practices for equitable higher education learning environments, racial equity, gender equity, cultural competence, and financial supports for low-income students, as well as strategies to prepare future educators to teach through an EDI lens in their future programs
    - o *Program Recruitment and Retention* – sessions providing ideas and strategies for recruitment of future health and physical education teaching candidates, as well as specific strategies for recruiting individuals from diverse backgrounds; sessions providing strategies to advocate for and justify the importance of physical education teacher education and health education teacher education programs
    - o *Social & Emotional Learning* - sessions providing ideas and best practices incorporating social and emotional learning competencies (self-awareness, self-management, social awareness, responsible decision making, relationship skills) within physical education teacher education and health education teacher education programs, as well as strategies to prepare future educators to incorporate SEL competencies in their future programs
    - o *Technology & Virtual/Hybrid Learning* - sessions providing guidance, ideas, and best practices for incorporating technology into physical education teacher education and health education teacher education programs, as well as transitioning to hybrid or virtual learning environments

Research Abstracts:

- **Adapted Physical Education/Activity** - Scholarly inquiry related to physical activity and/or physical education for individuals with disabilities as well as in the rehabilitation area
- **Exercise Sciences** - Scholarly inquiry related to human movement, kinesiology, exercise science, sport medicine and health and fitness
- **Measurement & Evaluation** - Scholarly inquiry related to measurement and evaluation in physical education, exercise science, physical activity among others that may include a focus on statistics, performance (individual and program), etc.
- **Motivation & Psychology** - Scholarly inquiry related to motivation and psychology related to human movement, physical education and sport
- **Motor Behavior** - Scholarly activity related to processes and mechanisms underlying motor control, learning, and development.
- **Physical Activity & Health Promotion** - Scholarly inquiry examining the relationship between physical activity and health, examining how physical activity influences all aspects of health, and examines the behavioral, community, and environmental interventions that may affect physical activity on an individual and/or population basis
- **Sociocultural & Social Justice** - Scholarly inquiry related to social issues of equity and justice in sport, health, physical activity and physical education (e.g., race, gender, sexuality, socioeconomic, religion, etc.)
- **Sport & Coaching** - Scholarly inquiry related to theory and practice related to sport and athletic coaching
- **Teaching & Learning** - Scholarly inquiry related to teaching and learning of health and physical education at the PK-12 and higher education levels that may include curriculum, instruction, and assessment